

## Activities

We engage in a variety of activities to help individual citizens actively learn how to create whole person health, which is facilitated by our effort to research, develop, teach and spread comprehensive medicine.

### What we do:

- Fostering medical workers who practice comprehensive medicine
- Offering medical consultations in the context of comprehensive medicine
- Organizing the International Society of Comprehensive Medicine, the Japanese Society of Existential Therapy and the Japanese Society of Pain and Psychosomatic Medicine
- Running a Registered International Logo-therapist program
- Publishing the journal of Comprehensive Medicine
- Organizing a patient group, training courses, workshops, and public lectures
- Giving advice on health issues and medical treatment
- Sending lecturers



Professor Viktor E. Frankl



## International Foundation of Comprehensive Medicine

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<http://www.compmed.jp/>

## About us

International Foundation of Comprehensive Medicine ( IFCM )

**Our aim:** We aspire to re-humanize conventional medicine, relieve the ordeal of illness and encourage individual citizens to use their initiative to create whole-person health. To achieve these goals, we make an effort to research, develop, communicate and lecture in comprehensive medicine.

**President:** Katsutaro Nagata (M.D., Ph.D.)

### Year of establishment:

April 2011 -- founded as a general incorporated foundation

April 2015 – accredited for a public interest incorporated foundation by Cabinet Office of the Japanese Government

**Our structure:** the Japanese Society of Existential Therapy, the Japanese Society of Pain and Psychosomatic Medicine, the International Society of

Comprehensive

Medicine, the Board of governors, the Board of trustees, the Audit committee, other committees

**Partnership:** W.H.O.

The Viktor Frankl Institute Vienna  
International Academy of Philosophy  
in the Principality of Liechtenstein

### Annual membership fees:

Individual member -- 10,000 yen

Student member -- 5,000 yen

Sponsor -- 50,000 yen (per sponsorship)

**Publication:** the Journal of Comprehensive Medicine

**Website:** <http://www.compmed.jp/>

## Our philosophy

The philosophy of our comprehensive medicine is that physicians are always committed to treating patients as a whole person who lives “here and now,” and helping them to improve their quality of life. To make it happen, we combine conventional medicine with traditional Chinese medicine, psychosomatic medicine, logotherapy and existential analysis, and physical therapy (integrative medicine). We also use the bio-psycho-social-existential model to identify problems that confront patients and try to establish a doctor-patient relationship based upon mutual trust so that a team-based care will be offered.

Comprehensive medicine is universal. It is used not only in the national context, but in an international environment. We have been dedicated to fostering Registered International Logotherapists (RIL) in academic partnership with the Viktor Frankl Institute Vienna.

IFCM was founded in 2011 as a general incorporated foundation. Our aim was to practice comprehensive medicine by engaging in medical consultation, research, training and promotion activities. In April, 2015, Cabinet Office of the Japanese government accredited us for a public interest incorporated foundation. With such an honor, we will continue our effort to further promote comprehensive medicine by achieving smooth operations of our societies, creating coherence among them, and accumulating expert knowledge of our members on a wide range of topics.

We will also take responsibility to make such expertise available to the public and encourage them to be active participants in the process of creating whole-person health.

We very much appreciate your continued support.



Katsutaro Nagata  
Director of IFCM

## Membership benefits

### Our members can:

Participate in the meetings of the societies, academic and public lectures at a membership discount.\*1

Submit articles to the journal of Comprehensive Medicine.\*  
(\*The journal is distributed free to subscribers.)

Enroll in a RIL program\*2.

Seek advice on health issues and counselling services from our physicians and RILs at a membership discount.

Have us deliver a lecture and/or send a speaker on comprehensive medicine to external meetings.

Take elearning courses at a membership discount. (prospective business)

Be assisted in making preparations to enroll in a doctorate program at an overseas institution.\*3

### How to join IFCM

Membership is for anyone who acknowledges our philosophy. Please fill in and send to our administration “Registration Form”. You will then receive details about how to pay your membership fees.

#### Annual membership fees

|                   |                   |
|-------------------|-------------------|
| Individual member | 10,000 yen        |
| Student member    | 5,000 yen         |
| Sponsor           | 50,000 yen        |
|                   | (per sponsorship) |

\*No admission fee is required.

#### **We welcome your donations.**

(For more information, please contact our administration.)

\*1: We organize the following at present:

- Academic meetings ▶ the International Society of Comprehensive Medicine, the Japanese Society of Existential Therapy, the Japanese Society of Pain and Psychosomatic medicine
- Training program ▶ RIL lecture series, RIL workshops
- Lectures ▶ comprehensive medicine, Oriental medicine (Chinese medicine and acupuncture), music therapy, balneo-logotherapy, cancer dialogue, food-nourishment
- Patient group ▶ learning together for pain patients and medical workers

\*2: RIL is accredited and registered jointly by the Japanese Society of Existential Therapy and the Viktor Frankl Institute. For more information, please contact our administration.

\*3: The Viktor Frankl Institute and IFCM are collaborating to give support to those wishing to study for a doctorate in philosophy and comprehensive medicine at International Academy of Philosophy in the Principality of Lichtenstein.